Raising a Resilient Scientist (RRS) series

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A five-part series including lectures and discussion groups for faculty, staff scientists, and administrators who mentor students and postdoctoral fellows in the biomedical, behavioral, and social sciences.

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For more information, click the following links:

- **About the series**
- **1. Communication Skills to Build Trainee Resilience** – February 1, 2024, 12:00-2:15 PM ET - [Register for Unit 1](#)
- **2. Promoting Trainee Resilience** – March 7, 2024, 12:00-2:15 PM ET - [Register for Unit 2](#)
- **3. Building a Welcoming and Inclusive Research Group** – April 11, 2024, 12:00-2:15 PM - [Register for Unit 3](#)
- **4. Difficult Conversations, Conflict, and Feedback** – May 9, 2024, 12:00-2:15 PM - [Register for Unit 4](#)
- **5. The Mental Health and Well-being of Your Trainees** – June 13, 2024, 12:00-2:15 PM - [Register for Unit 5](#)

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